

**MEDICATION SAFE TO USE IN RECOVERY FROM
CHEMICAL DEPENDENCE**

MEDICATION CLASSIFICATION	MOOD-ALTERING INGREDIENT TO AVOID	POTENTIAL RISK	SAFE MEDICATION LIST	
<i>Allergy / Decongestants (Systemic)</i>	Brompheniramine	Dimetane®, Dimetapp®	Claritin® (Loratadine), Clarinex® (Desloratadine), Allegra® (Fexofenadine), Zyrtec® (Cetirizine)	
	Chlorpheniramine	Chlor-Trimeton®, Efidac®, Teldrin®		
	Dexchlorpheniramine	Polaramine-RX®		
	Diphenhydramine	Benadryl®, Tylenol PM®, Benylin Cough®		
	Tripolidine	Actifed®		
	Cyproheptadine	Periactin-RX®		
	Phenylephrine	AH-chew D®, Entex LA®, Nalex-A®, Prolex-D®, Sinutuss DM®, Tussafed-EX®		
	Promethazine	Phenergan-RX®		
	Pseudoephedrine	Sudafed®, Novafed, Profen, Allegra D®, Claritin D®, Zyrtec D®		
<i>Analgesics (pain relief)</i>	Hydromorphone HCl	Dilaudid®	OTC Advil®, Aleve®, Aspirin®, Bufferin®, Tylenol®	
	Levorphanol Tartrate	Levo-Dromoran®		
	Methadone HCl	Dolophine®		
	Meperidine HCl	Demerol®, Mepergan Fortis®	RX Disalcid®, Salflex®, Dolobid®, Trilisate®	
	Morphine Sulfate	Avinza®, Duramorph®, MS Contin®, MSIR®, Roxanol®		
	Opium	Paregoric®	NONSTEROIDAL ANTI-INFLAMMATORY AGENTS Anaprox®, Ansaid®, Arthrotec®, Bextra®, Cataflam®, Celebrex®, Clinoril®, Daypro®, Feldene®, Indocin®, Lodine®, Meclomen®, Mobic®, Motrin®, Nalfon®, Naprelan®, Naprosyn®, Orudis®, Oruvail®, Ponstel®, Relafen®, Tolectin®, Toradol®, Vioxx®, Voltaren®	
	Alfentanil HC	Alfenta®		
	Fentanyl	Sublimaze®, Duragesic®		
	Oxymorphone HCl	Numorphan®		
	Propoxyphene	Wygesic®, Darvon®, Darvocet®		
	Sufentanil Citrate	Sufenta®		
	Carisoprodol	Soma, Soma Compound with Codeine		Liotesal®, Robaxin®, Skelaxin®

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Analgesics (pain relief) CONTINUED	Levomethadyl	ORLAAM®	Imitrex® (migraines), Zomig® (migraines)
	Buprenorphine HCl	Buprenex®	
	Codeine	Empirin #3,4®, Fiorcet with Codeine®, Fiorinal with Codeine®	
	Hydrocodone Bitartrate	Anexsia®, Bancap®, Hycodan®, Hydrocet®, Lorcet®, Lorcet-HD®, Lortab®, Maxidone®, Norco®, Vicodin®, Vicoprofen®, Zydone®	
	Methotrimeprazine	Levoprome®	
	Nalbuphine HCl	Nubain®	
	Pentazocine	Talwin NX®, Talacen®	
	Tramadol HCl	Ultram®, Ultracet®	
	Analgesics with Barbiturates	Esgic®, Fioricet®, Triad®, Phrenilin®, Axocet®, Bucet®, Fiorinal®, Axotal	
	Butorphanol Tartrate	Stadol®	
	Caffeine	Vanquish®, Excedrin®, Goody's Powder®, Midol®, BC Powder®, Cope®	
	Dihydrocodeine Bitartrate	DHC Plus® Caps, Panlor SS®, Synalgos-DC® Caps	
Oxycodone HCl	OxyContin®, Oxyir®, Percodan®, Percocet®, Roxicet®, Tylox®		
Asthma	Ephedrine	Primatene® Tablets	RX Advair®, Alupent®, Brethine®, Combivent®, Duoneb®, Maxair®, Proventil, Pulimart®, Qvar®, Vanceril®, Volmax®
	Epinephrine	Primatene® Mist	
Cough / Cold (Preparation)	Codeine	Ambenyl®, Brontex®, Novahistine DH®, Nucofed®, Phenergan with Codeine, Robitussin AC®	OTC Organidin NR® Tablet, Mucinex®, Breonesin® Capsule, Halls® Lozenges, N'ice® Logenzes, Sucrets® Lozenges, Vicks® Cough Drops, Vicks® Throat Discs RX Organidin NR®, Duratuss G®, Fenesin® Tablets, Humibid LA®, Tessalon Perles®
	Dextromethorphan	Benlyn®, Delsym®, Dimetapp Cough®, Comtrex®, Contact®, Duratuss® Plain or DM, NyQuil®, Novihistine DMX®, Novafed®, Profen®, Robitussin DM®, Vicks Formula 44D®	
	Hydrocodone Compound	Hycodan® Tabs and Syrup, Hycomine®	

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<i>Cough / Cold (Preparation)</i> <i>CONTINUED</i>	Hydrocodone Syrup (Multiple generics and trade names)	Anaplex HD®, Bitartrate/Guaifenesin Syrup, Duratuss HD®, Hycotuss® Expectorant, Hydrocodone, Protuss/Protuss D, Vicodan Tuss® Expectorant, Others	
	Alcohol	Vicks NyQuil Cough® Syrup, Vicks Formula 44®, Terpin Hydrate Elixir, Organidin Elixir, Novahistine Elixir *Check with your pharmacist about the alcohol content of cough and cold elixirs	
<i>Diarrhea / Gastrointestinal</i>	Alcohol	Imodium AD Liquid®, Paregoric®, Pepto Diarrhea Control®, Donnatal® Elixir	Diasorb®, Donnagel® Tabs, Kaopectate®, Kaopetolin®, Kaodene®, Lactinex®, Imodium® AD Capsules and Tablets, Pepto-Bismol®, Rheaban®, Betyl® Tablets
	Diphenozylate HCl, Atropine Sulfate	Lomotil®, Logen®, Lonox®	
	Tincture of Opium	Donnagel Liquid®	
<i>Mouthwash / Mouthcare / Dental Hygiene</i>	Alcohol	Advanced Formula N'ice® Throat Spray, Cepacol®, Cheracol Sore Throat Spray®, Listerine®, Listermint®, Peridex®, Perioguard®, Plax®, Scope, Sucrets® Spray, Anbesol®, Double Action Kit, Dalidyne, Dewitt Coldsore	Cepastat®, Chloraseptic, Gly-Oxide®, Halls® Lozenges, Mycintette®, N'ice® Lozenges, Orajel®, Sucrets® Lozenges, Plax®, Scope, Vicks® Cough Drops, Vicks® Throat Discs
<i>Nasal Decongestant Sprays</i>	Ephedrine	Pretz-D®	OTC Ayr Saline®, Humist®, Ocean®, NaSal®, Salinex® RX Aerobid®, Astelin®, Atrovert®, Azmacort®, Beconase®, Flonase®, Nasacort®, Nasalcrom®, Nasalide®, Nasarel®, Nasonex®, Rhinocort®, Vancanase®
	Epinephrine HCl	Adrenalin Chloride Solution	
	L-Desoxyephedrine	Vicks® Inhaler	
	Naphazoline HCl	Privine®	
	Oxymetazoline HCl	Afrin®, Allerest®, Dristan®, Duration®, 4-Way®, Sinarest	
	Phenylephrine HCl	Neo-Synephrine®, Sinex®, Alconefin®, Nostril®	
	Propylhexedrine	Benzedrex®	
	Tetrahydrozoline HCl	Tyzine®	
	Xylometazoline HCl	Otrivin®	
<i>Nausea (Antiemetic / Antivertigo Agents)</i>	Cyclizine	Marezine®	OTC Emetrol®, Emecheck®, Pepto-Bismol®, Nauseatrol®
	Chlorpromazine Buclizine HCl	Bucladen®	
	Dimenhydrinate	Dramamine®, Triptone®, Vertab®	

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<i>Nausea (Antiemetic / Antivertigo Agents)</i> CONTINUED	Diphenhydramine	Benadryl®	<i>RX</i> Anzemet®, Compazine®, Kytril®, Metoclopramide: Rreglan®, Maxolon®, Octamide®, Norzine®, Thorazine®, Tigen®, Torecan®, Trilafon®, Zofran®
	Diphenidol	Vontrol®	
	Dronabinol	Marinol®	
	Meclizine	Antivert®, Bonine®, Dramamine®, Vergon®	
	Promethazine	Phenergan® Tablets	
	Scopolamine Transdermal	Transderm-Scop®	
<i>Personal Products / Handwashes</i>	Alcohol	Lysol® Hand Gel and Disinfectant Spray, Avon Perfumes, Colognes, Lotions, Body Sprays, Bath and Body Antibacterial Hand Gel, Deep Woods OFF!®, Kim Care® Instant Hand Sanitizer, OFF! ® Skintastic, Purell® Hand Sanitizer, Soft Soap® Hand Sanitizer *Check labels for products containing ethanol . Products with isopropyl alcohol without ethanol are safe	Soap/Water, Antimicrobial Soaps, Betadine

Disclaimer: This guide is intended to serve as a resource for the recovering chemically dependent patient and the medical professional prescribing treatment. It is not meant to be used exclusively or as the sole means for providing advice regarding medications. Indeed, this guide would be best utilized in conjunction with other current reference materials. Decisions about particular prescription medication(s) should be tailored to the needs of the individual patients under the direction of a health professional. This monograph is not intended to be exhaustive, nor an endorsement of any particular brand name medications. It is intended to provide relevant pharmacological information to the recovering patient and the healthcare providers treating those in recovery.